

KIDS WORLD SCHOOL
SESSION – 2025-26
LIFE SKILL ANNUAL PLANNER
CLASS - V

MONTH	NAME OF THE LESSON	LEARNING OBJECTIVE	LEARNING OUTCOMES	TEACHING AND LEARNING PLANNED ACTIVITIES
JULY	Ls. No. 1- Super Girl	1.Students will explore how courage and determination can help overcome challenges in real life. 2.Students will learn to support and encourage their peers, especially when someone is trying to achieve something difficult.	1.Students will reflect on their personal strengths. 2.They will learn to respect and appreciate the qualities in themselves and others. 3. It promotes self-esteem, gender respect, and positive social interaction.	Activity: Design Your Own Superpower Cape After designing their superpower cape, arrange a short sharing circle where students show their cape and say: “My superpower is ____ because ____.”
	Ls. No.2 Checkmate	1.Students will learn how the choices they make—big or small can impact their lives and others around them. 2.Students will reflect on their actions and take responsibility for their decisions instead of blaming others. 3.Students will learn to manage emotions like anger, frustration, and regret, especially when things don’t go as planned.	1. Students develop empathy, explore perspectives, and think critically about decision-making. 2. Students see how their choices affect real-life “game moves” like in chess. 3. It reinforces that every choice is a move that counts.	Activity: “Life is Like Chess” – Role-Play Challenge 1.Divide the class into small groups. 2.Each group will select a scenario and performs a short skit showing two endings: Bad decision-Consequences Good decision → Positive outcome

AUGUST	<p> Ls. No.3 Who needs Teacher </p>	<p> 1.Understand the role and importance of teachers in their lives. 2. Appreciate the efforts and contributions of teachers beyond academics. 3. Reflect on how learning can happen in many forms but still needs a guide or mentor. 4. Develop gratitude and respect for their educators and learning environment. </p>	<p> 1. Express why teachers are important in shaping their personality and future. 2. Demonstrate respectful and grateful behavior towards teachers in daily life. 3. Share real-life examples where guidance from a teacher or adult made a positive impact. </p>	<p> Activity: "Thank You, Teacher!" Card Craft </p> <p> 1.Each student will create a handmade thank-you card for a teacher who has made a difference in their life. 2. A drawing of the teacher, a message, and one life lesson or value learned from them. 3.Display the cards on a classroom "Wall of Gratitude." </p>
SEPTEMBER	<p> Ls. No.4 Paulie </p>	<p> 1.Understand the value of empathy – recognizing and feeling what others are going through. 2.Learn about kindness and respect – towards all living beings, including animals. 3.Reflect on the meaning of friendship and trust. 4.Develop sensitivity to the needs and emotions of others. </p>	<p> 1. Demonstrate empathy in daily life by helping and understanding others' feelings. 2. Show respectful behavior towards animals and people alike. 3. Build meaningful friendships by being supportive, honest, and caring. </p>	<p> Activity: "If I Were Paulie's Friend..." </p> <p> Story Writing: Write a short story titled "A Day with Paulie" where you go on a mini-adventure together with Paulie. </p>

NOVEMBER	Ls. No.5 The Graveyard	1.Understand the concept of empathy and show sensitivity to others' feelings. 2. Identify and express their own emotions around sadness and loss. 3.Appreciate the importance of being kind and respectful towards others' emotions, especially in difficult situations. 4.Learn ways to support a friend or someone who is feeling low or has experienced a loss.	1.Define empathy and grief in simple words. 2.Demonstrate ways to support someone going through emotional pain.	Activity: " Garden of Empathy " 1.Give each student a flower cut-out. 2.Ask them to write or draw: One kind thing they would say or do to help someone feeling sad. 3.Decorate the flower with kind words like: <i>I care, I understand, I am here for you.</i> 4.Collect all flowers and make a "Garden of Empathy" on the classroom wall.
	Ls. No.6 Grace	1.Understand the meaning of grace – as kindness, gratitude, and calmness during difficult times. 2.Recognize the value of empathy and forgiveness in their lives. 3.Reflect on how they can show grace in everyday situations.	1.Identify situations where they can be kind and understanding. 2.Express how they feel when they receive or show grace. 3.Perform a short activity that reflects their understanding of being graceful in action and attitude.	Activity: " My Graceful Moment " 1.Ask them to write or draw on a small card or sticky note one moment where they showed or received grace. 2.Paste them on a "Grace Tree" poster made on chart paper or design a " <i>Badge of Grace</i> " with a symbol and a short phrase (e.g., "Stay Kind", "I Forgive", "Peace Within").

DECEMBER	Ls. No.7 Myna and Asterix	1.Understand the value of friendship across differences. 2.Recognize the importance of empathy and helping others. 3.Accept and appreciate uniqueness in others.	1.Share experiences of making friends with someone different from them. 2.Demonstrate empathetic behaviour through role-play or discussion. 3.Reflect on the importance of being kind and accepting.	Activity: “Friendship Role-Play” Divide the class into pairs, act out a situation where two different characters (e.g., a bird and a cat, or a new student and a shy student) help each other and become friends.
	Ls. No.8 Stunt Boy	1.Understand the meaning and importance of courage and self-belief. 2.Recognize the difference between responsible and irresponsible risk-taking. 3.Build confidence to face challenges in a thoughtful and safe manner.	1.Explain the qualities of a courageous and responsible person. 2.Share personal experiences of courage. 3.Demonstrate greater self-awareness and thoughtful decision-making.	Activity: “Interviewing a Family Hero” Title: “A Time You Were Brave” 1. Choose a family member – like a parent, grandparent, aunt, uncle, or older sibling. 2. Ask them the following questions: <ul style="list-style-type: none"> • Can you tell me about a time when you were really brave? • What were you afraid of? • What gave you the strength to do it? • What did you learn from that experience? 3. Write a short paragraph or draw a picture based on what they shared.

JANUARY	Ls. No.9 Life Calling	1. Understand the concept of "life calling" or purpose in life.2. Identify their strengths and values. 3. Reflect on ways they can contribute to others or society. 4. Appreciate the importance of self-belief and passion in life.	1.Express their thoughts about what makes them feel purposeful. 2.Recognize role models who live with a sense of calling.	Activity: “My Purpose Star” 1.Students draw a 5-pointed star. 2.In each point, they write: <ul style="list-style-type: none"> • One strength or talent they have • One thing they love to do • One way they like to help others • One dream they have • One person who inspires Them
	Ls. No.10 Kulfi	1.Understand the importance of empathy and accepting people who are different from us. 2.Identify how kindness can bridge differences between people. 3.Recognize that every person is unique and valuable in their own way. 4.Demonstrate positive ways to interact with others despite differences in interests, abilities, or appearances.	1.Recall and retell key events of the story <i>Kulfi, Rom</i> . 2.Express ways to show empathy and kindness in real life. 3.Accept and appreciate individual differences among peers. 4.Show respectful and inclusive behaviour.	Activity: Poster Making <i>“We are different, but we care!”</i> 1.Form groups of 4 to 5 students. 2.Discuss as a group: <ul style="list-style-type: none"> • In what ways are people different? (e.g., skin colour, language, clothes, food, hobbies, abilities) • How can we still care for and help each other, even if we are not the same? 3.Create a poster that shows:

				<p>Pictures (drawings or symbols) of children from different backgrounds (e.g., different clothes, cultures, or abilities) playing, learning, or helping each other.</p> <p>4.A message or slogan like:("Kindness needs no match!", "Different outside, same heart inside", "We speak different languages but understand love")</p>
FEBRUARY	Ls. No.11 We need to Talk	<ol style="list-style-type: none"> 1. Understand the importance of open and honest communication. 2. Recognize appropriate ways to express emotions and resolve misunderstandings. 3. Learn to listen actively and empathetically. 4. Develop confidence in sharing their feelings respectfully. 	<ol style="list-style-type: none"> 1. Identify situations where communication can help solve problems. 2. Practice respectful ways of expressing emotions. 3. Apply listening and speaking skills in real-life scenarios. 	<p>Activity: "Talk It Out" (Roleplay)</p> <ol style="list-style-type: none"> 1. Divide students into small groups. 2. Give them a situation where two people have a misunderstanding (e.g., borrowing without asking, rumours, feeling left out). 3. Ask them to act out a short skit where they resolve the conflict using positive communication.