

KIDS WORLD SCHOOL
SESSION – 2025-26
LIFE SKILL ANNUAL PLANNER
CLASS - VII

MONTH	NAME OF THE LESSON	LEARNING OBJECTIVE	LEARNING OUTCOMES	TEACHING AND LEARNING PLANNED ACTIVITIES
JULY	1. The Hi-Fives 2. Toppers	1. Define trust, loyalty and explain its significance. 2. To demonstrate sharing.	1. Coping with emotions. 2. Value critical thinking.	1. The trust walk (Divide the students in 2 teams blindfold one person of each team.) 2. Define your life (Divide the students in 3 groups and ask each group a question related to life and students will answer.)
AUGUST	3. Size Perfect 4. Man of the Match	3. To explain the concept of self-acceptance and how it applies to self and others. 4. Define compromise and explain its importance to maintain healthy relation.	3. Able to know self-management. 4. Students will response to others with empathy.	3. Role model (ask students to talk about a positive role model they admire.) 4. Family time (Instruct students to allot a time or a day to spend with their family)
SEPTEMBER	5. Too Cool for School	5. To help students identify reason and logic.	5. Adapt interpersonal skills.	5. Teen Decisions (Facilitate a decision-making day where students discuss issues that impact society.)
NOVEMBER	6. Rescued By You 7. Kendis	6. Identify key components of the environment. 7. To explain the concept of acceptance.	6. Apply proactive strategies.	6. Screening reality (Divide the class in 5 groups each group makes a video or ppt on injustice things happening around.) 7. My list of Strengths (Ask students to make a list of all

			7.Understand self-awareness in personal and interpersonal growth.	the wonderful things they like about who they are.)
DECEMBER	8. Spellbound	8.Define self-belief and explain its importance.	8.Analyse how thoughts, feelings are connected with self-awareness.	8. True Inspiration (Ask students to read about a person who has overcome challenging situations and accomplished their dream.
JANUARY	9. Finding Nabi	9.Explore healthy strategies for healing.	9.Handling regret by accepting imperfection and uncertainty.	9.Cyberbullying (Students are given a series of statements and they have to decide if it's a myth or fact.)
FEBRUARY	10. Vishu Kani	10.Define emotional openness.	10.Students will be able to identify the problem and solve it.	10.Explore gender roles (Think of examples where traditional gender roles are shown.)