

KIDS WORLD SCHOOL
SESSION – 2025-26
LIFE SKILL ANNUAL PLANNER
CLASS - VIII

| MONTH | NAME OF THE LESSON | LEARNING OBJECTIVE | LEARNING OUTCOMES | TEACHING AND LEARNING PLANNED ACTIVITIES |
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| JULY | 1.The Mirror 2. Red Flags | 1.Explain the term respect. 2.Explain the term safety and why is it important I daily life. | 1.Identify real life concern. 2.Understand self-awareness in personal and interpersonal growth. | 1. The first step (Ask the students to collect examples from newspapers where they witness corruption.) 2.Tracking case (Identify a recent case of kidnapping/rape/murder/fraud from newspaper and what safety precautions should be taken.) |
| AUGUST | 3. Run 4. Just Friends | 3.To understand the importance of love, family 4. To explain the concept of acceptance. | 3.Adjust communication style depending on purpose. 4.Understand the purpose and impact of managing emotions. | 3.A picture of righteousness (Students have to take a photograph and write a caption) 4.Emotional twists and turns (Give each group a card with two emotions and come up with ways in which one emotion changes into another) |
| SEPTEMBER | 5. Chasing The Rainbow | 5.Consideration | 5.Students will response to others with empathy. | 5.Taking action (Initiate a discussion as to what can be done to decrease the divide between rich and poor.) |
| NOVEMBER | 6.Shourya 7. Zoo Story | 6.Analyze how mindset influence one's opportunities. | 6.Recognise self-belief | 6.Aptitude test (Take a aptitude test for the class.) |

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| | | 7.Understand the role of health. | 7.Describe the consequences of self-control. | 7.Memory Project (Ask students to get a childhood photo with their family and write 2 lines about that memory.) |
| DECEMBER | 8.We need to talk | 8.Define self-discovery and explain its importance. | 8.Overcoming self-doubt | 8.Study buddies (Encourage students to discuss their study goals, share resources etc.) |
| JANUARY | 9.The Last Song | 9.Define emotional outbursts and recognize common triggers. | 9.Dealing with loss. | 9.Screen time (Show The rabbit listened and discuss how they can be good listeners.) |
| FEBRUARY | 10. Immobile Stars | 10.Recognize self-empowerment. | 10.Overcoming resilience by identifying personal and external factors. | 10.Cultural diversity (Discussion on cultural diversity and problems children deal on daily basis.) |